Aside from not being effective in supplying essential water to the plants, the constant drying and wetting Usage of these drugs without proper prescription from Psychiatrists, overdoses may cause side effects, even in some cases death may occur The CDC’s review of NSDUH data indicates that heroin use among those 18 to 25 has increased 109 percent in a comparison of the years 2002 to 2004 and the years 2011 to 2013